



Wednesday August 12, 19 and 26

(Swim 400m / run 2 mile • Swim 600m / run 2 mile • Swim 800m / run 2 mile)

Race Registration: Tuesday August 11 between 5:00pm and 7:30pm at Sunset House or on race days from 4:30pm to 5:15pm
Races start 5:45pm



Individual entry details

Full name _____

Postal address _____

Telephone # _____ Email _____

Date of birth _____ Age on race day _____ Male Female
Day/month/year Day/month/year

Are you a 2009 CITA member? Yes No T-shirt size S M L XL

For admin use only

Race # _____
 Paid: _____

Placement:
 Race 1 _____
 Race 2 _____
 Race 3 _____

Team entry details

Please indicate category Team female Team male Team mixed

Team name _____

Swimmer _____ T-shirt size S M L XL

Runner _____ T-shirt size S M L XL

ENTRY FEE: \$25 for all 3 races or \$10 per race (please bring exact change or cheque)

Indemnity and Waiver of Rights

All Participants in the swimming and running event are deemed to take part at their own risk. The Cayman Islands Triathlon Association, its sponsor(s), organizers, representatives, officers, employees, and volunteers shall in no way be responsible for the safety of the participant:

- I waive all possible rights that I or my dependents may have as a result of personal injury or death caused to me or my dependants as a result of their participation, and AGREE TO INDEMNIFY AND HOLD HARMLESS the Cayman Islands Triathlon Association, its sponsor(s), organizers, representatives, officers, employees, and volunteers from any liability whatsoever caused to any person or property as a result of their participation, regardless of cause.
- I attest and verify that I am physically fit for the event.
- The minimum age to compete is 13 years old. For athletes 13 years or older and under 18 years, entry must be made by responsible parents/ guardians on behalf of the athlete.
- Athletes 16 years or younger must have a parent or guardian in attendance throughout the event.
- Ocean swimming and running on the roads in the Cayman Islands may be dangerous, regardless of precautions that might be taken.

Signed: _____ or _____
Participant Parent/Guardian (participants under 18)

