



Ogier title sponsor of Cayman Islands Triathlon Association's Stroke and Stride races

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Ogier is title sponsor of the Cayman Islands Triathlon Association's (CITA) "Stroke and Stride" races being held this August, with funds raised from the races going to the Cayman Islands Crisis Centre's Teens and Young Adults (TAYA) lounge.

The long running Stroke and Stride, previously sponsored by the firm from 2008-2012, is one of the CITA's most popular events. It consists of a series of three races involving a swim and a run, with the swim distance increasing each week from 400m to 600m, and finally 800m. Each swim is followed by a two-mile run. The races will be held on August 2nd, 9th and 16th and each will start at 5.45pm at Eden Rock.

The event is designed to be accessible to runners and swimmers of all levels and no special equipment is required. Each race day will end with a social at Bar Crudo. An awards banquet and buffet for all participants will also be hosted at Bar Crudo after the final race.

Funds raised from the races will go to TAYA lounge, a walk in centre that is run by the Cayman Islands Crisis Centre, providing a safe and supportive environment for teens and young adults who have been affected by domestic abuse.

Ogier Managing Partner James Bergstrom commented:

"We're excited to once again be sponsoring Stroke and Stride, which is a fantastic community event for Cayman. We're looking forward to seeing the community taking part or coming along to support the competitors, and we're of course delighted that the funds raised will support the invaluable work being done by the Cayman Islands Crisis Centre. Good luck to everyone taking part."

Find out more about Stroke and Stride, including how to enter, [here](#).

About Ogier

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